

# Screening programme for patients suffering from slipped disc, back pain, sciatica

*Umesh Isalkar*, TNN | Mar 17, 2013, 09.16 PM IST

PUNE: Pune-based [Synapse Brain and Spine Foundation](#) has organized a special screening programme for patients suffering from slipped disc, low back pain due to nerve compression, sciatica between March 15 and June 15.

"Patients suffering from slipped disc, low back pain due to nerve compression, sciatica are being relived of pain using stitchless spine surgery medically known as PELD if they really need it to get rid of pain. A patient is discharged within 24 hours," said neurosurgeon Jaydev Panchwagh.

"Stitchless spine surgery can help in the early phases of pain when the spine discs have not hardened with time and pain has not become chronic, secondarily affecting the surrounding muscles," he said.

The technique has matured in the last two to three years and there are many papers establishing its efficacy and advantages. It incorporates principles of miniature endoscopy, radio frequency waves and laser technique. "It is relatively new in India. There are very few hospitals offering such techniques," Panchwagh said.

Panchwagh said the surgery can be best performed under simple local anaesthesia. "We leave it to patients to choose the type of anaesthesia one is most comfortable with. There is no need of general anaesthesia in this surgery," he said.

For details and registration, patients can contact on 9921332408/9011333841